Four years of adolescent alcohol-related hospital treatments; trend over time

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Abstract

Background: Alcohol intoxication among adolescents is a growing problem in the Netherlands.

Objective: To investigate intoxication numbers and characteristics throughout all hospitals in The Netherlands

Methods:

- 1. Data from the Dutch Pediatric Surveillance system (NSCK), which monitors admissions of alcohol intoxicated adolescents, were analyzed.
- 2. Patients, aged 11–17 years old, with reduced consciousness due to alcohol intoxication were included.

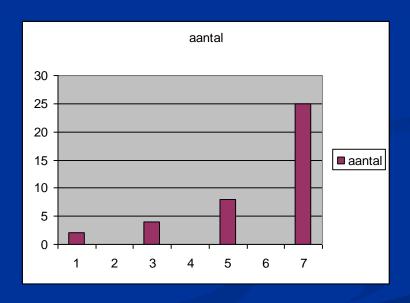
Before we will present the Results....

History

Delft Study

2001 - 2007

- Younger
- Girls
- At home
- Drinking habit different
- Blood levels higher
 - NTvG, December 2006
 - British Medical Journal December 2006



Number of hospital admissions a year

Created:

- Dutch Pediatric Surveillance System (NSCK)
- Prevention Intervention System

Primary goals

- 1. Reducing the total number of children a year, who are being admitted because of alcohol intoxication, in all Dutch hospitals in the next coming 5 years.
- 2.Increasing the mean age of the group admitted children each year, in all Dutch hospitals in the next coming 5 years.

Secondary goal

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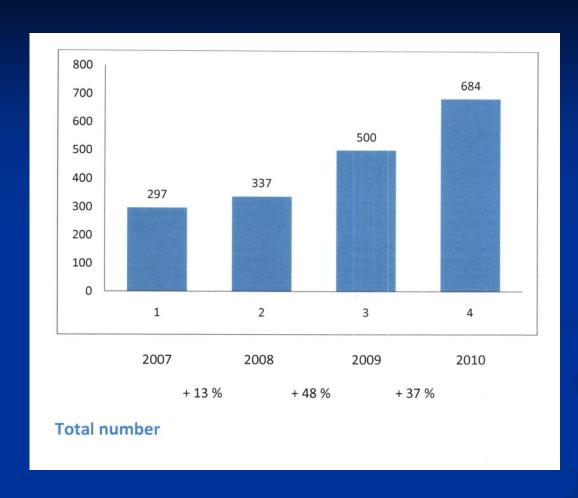
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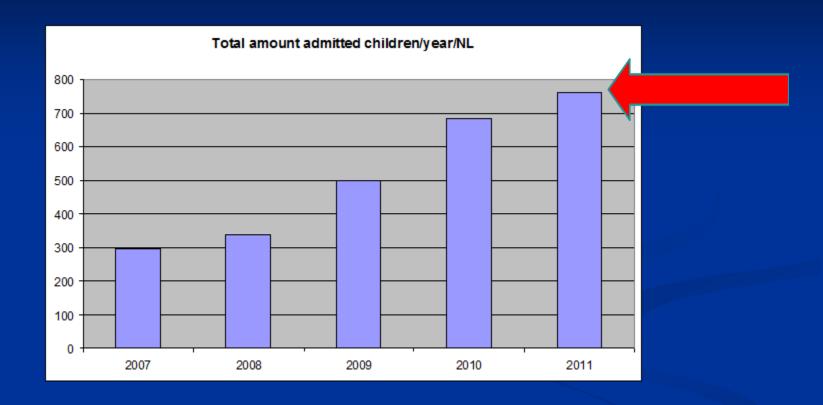
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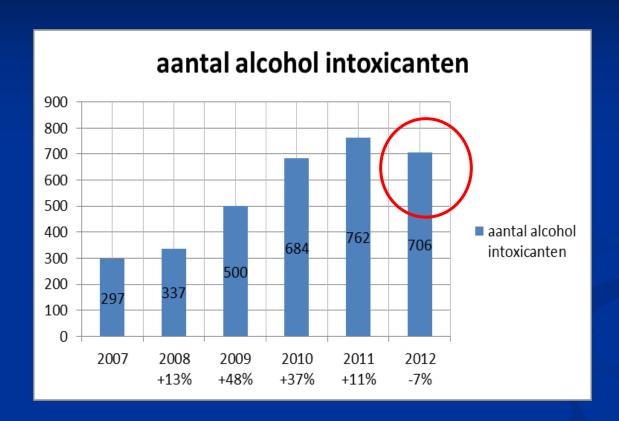
Results NSCK Nationwide

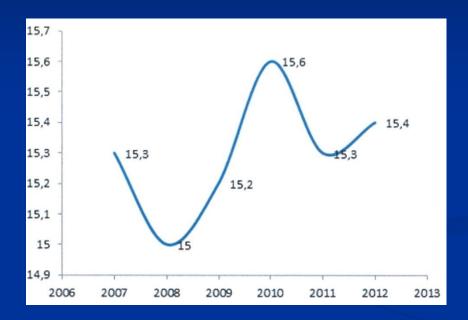
- General and demographic
 - Family situation/ school performance
 - Culturale background
- Info of the hospitalization
 - Blood alcohol level
 - Usage of other medication/ drugs
- Background of the patiënt
 - ADHD? Autisme?
 - Parental involvement



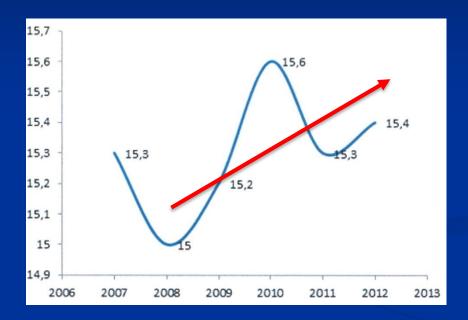
Number of alcohol intoxicated adolescents admitted in the The Netherlands in 2007, 2008, 2009 and 2010.



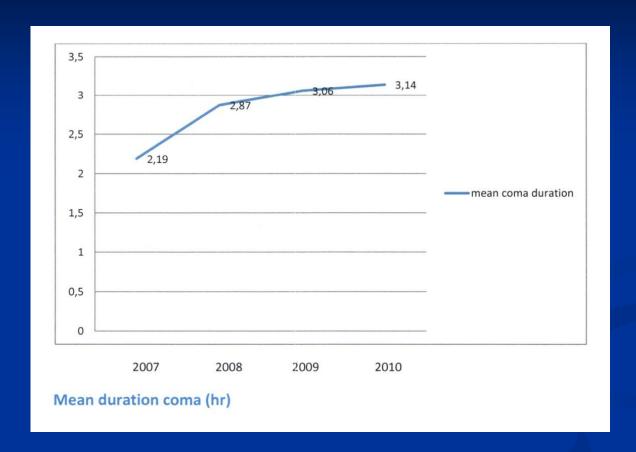




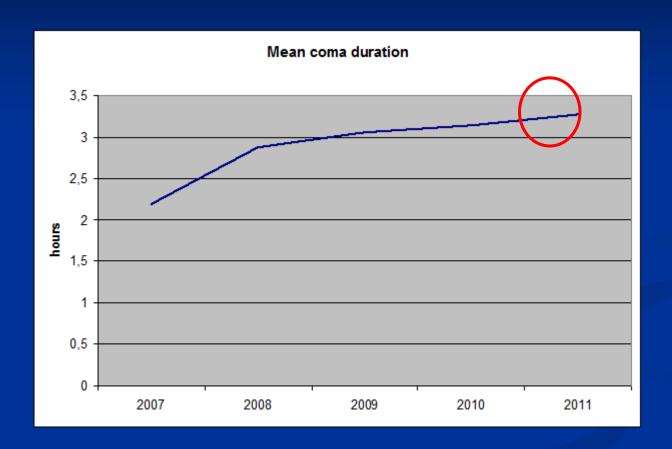
Mean age at admission



Mean age at admission



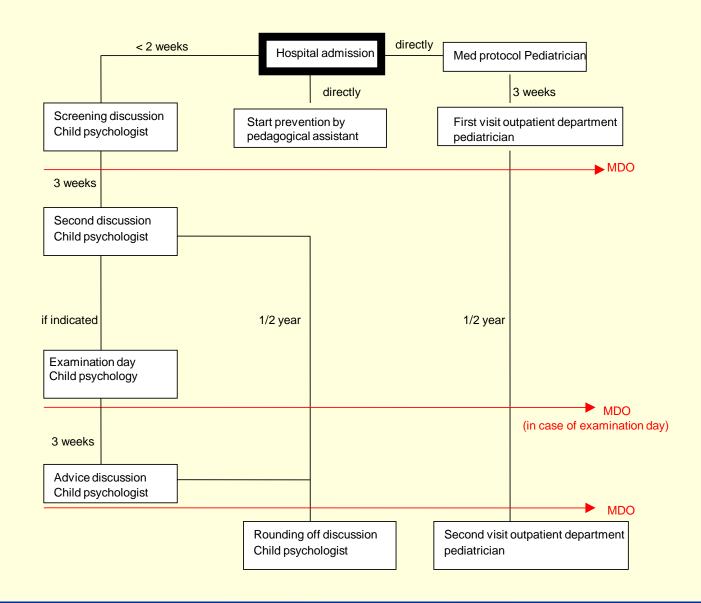
Mean duration of coma (hr)



- Dutch Pediatric Surveillance System (NSCK)
- Prevention Intervention System

Prevention Intervention System

- Collaboration Pediatric and Neuropsychological activities
- Uncover underlying pathology
- Prevent repetition of admission
- Transfer of knowledge to child and parents
- Investigates damage of alcohol on the brain































Primairy Aims program

- Reduction of the recurrence risk of admission
- Behavioral change in Youth
- Behavioral change in Parents
- Signal psychiological and psychiatric problems

Primairy Aims program

| Reduction of the recurrence risk of admission | 97 % |
|--|------|
| Behavioral change in Youth | 85 % |
| Behavioral change in Parents | 82 % |
| Signal psychiological and psychiatric problems | 80 % |

Results In Toto

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Secondary goal



Interest from.....





























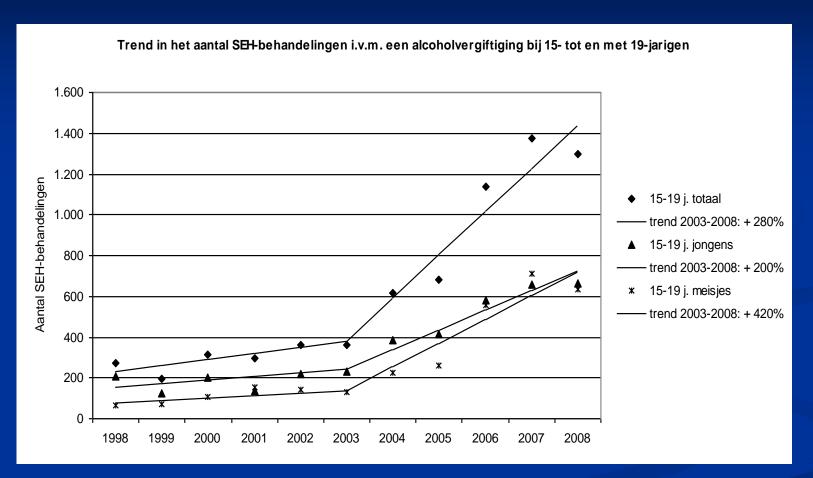






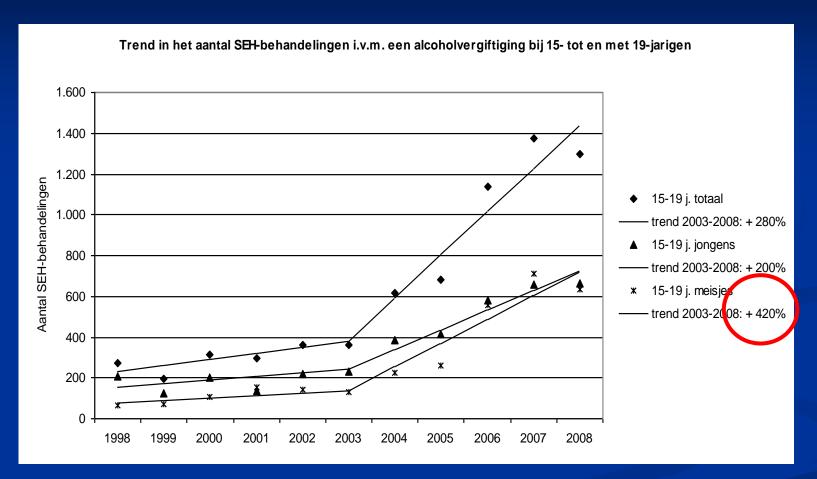
We even studied...

Number of alcohol related First Aid treatments among 15 – 19 yr olds





Number of alcohol related First Aid treatments among 15 – 19 yr olds





Summary

Dutch Pediatric Surveillance system:

Alcohol intoxication among adolescents is an emerging problem.

■ In the Netherlands, special policlinics for children with alcohol intoxication have already been established and are succesfull.

■ Time for more European collaboration!?

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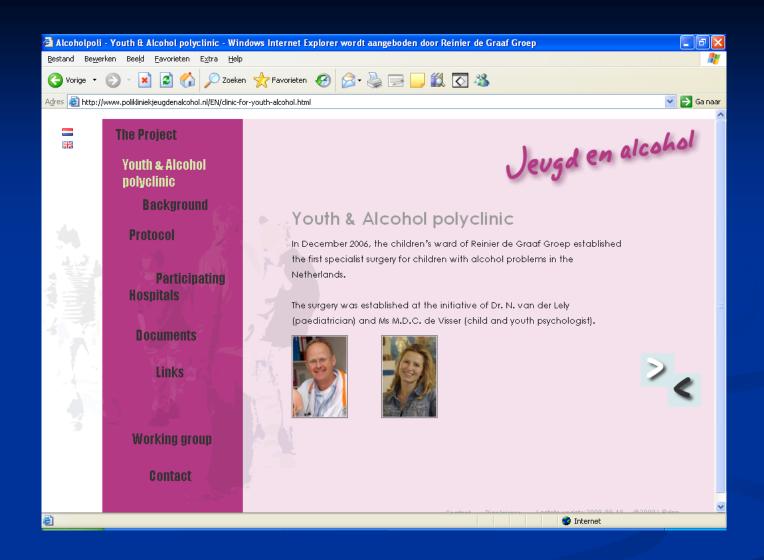
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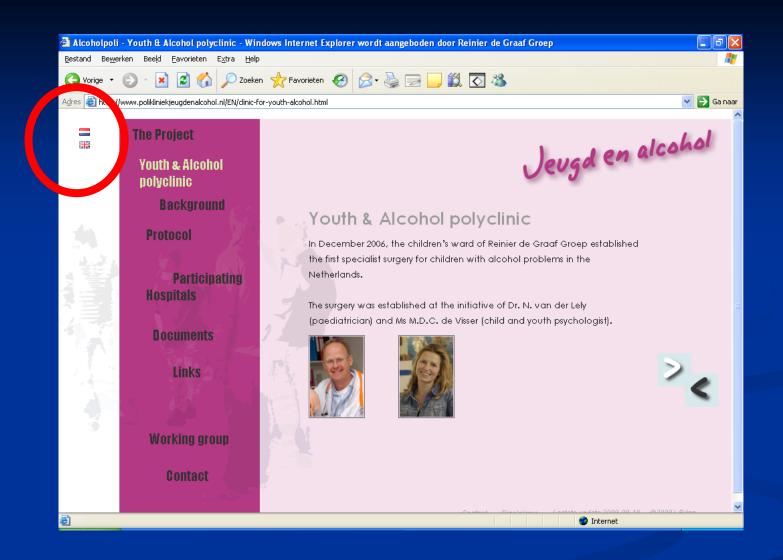
For further information...

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Thank you for your attention