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Rationale, Process & Data Elements

- Introduction & Rationale (Robert Lindblad)
 - SUD EHR Rationale
 - Meaningful Use
 - Federal and Other Initiatives
- Stakeholder Process & Data Elements (Robert Gore-Langton)
 - "Mind Map" and Process
 - Expert Recommendations
 - Domains and Core Questions
 - Interoperability and CDEs
 - Moving Forward
 - Conclusions





International Network on Brief Interventions for Alcohol Problems.

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Goals of EHR

- Increase quality of health care
- Increase efficiency of health care
- Decrease cost of health care

HOW?





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Create EMRs

- Use common data elements (CDEs)
- Define information to be shared
- Develop interoperability to share information
- Maintain confidentiality



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Sharing Information

- Combine data or combine providers?
 - VA system
 - FQHCs
 - Patient-centered medical homes



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Electronic Health Record (EHR)

Federal meaningful use criteria

- Incentive through reimbursement
- Incorporate concepts and data elements to qualify for meaningful use



Alcohol, Tobacco and Substance Use

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Alcohol and Tobacco

- Single substance
- Standardized quantities
- More data for screening and intervention

SUD

- Multiple substances
- No standard quantity
- Less data regarding screening and SBIRT



Alcohol, Tobacco and Substance Use

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Short term goal

Address all three substances within EMR and meaningful use

Long term goal

Combine all three areas into a single screener and treatment algorithm to build efficiency and decrease provider burden



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Electronic Health Record (EHR)

- Federal "push" for universal adoption of EHRs by 2014
- Multiple vendors developing EMR
 - Hospital based systems
 - Individual practice based systems
 - Interoperability (EMRs → EHR)
- Content
 - Clinical care
 - Research



Electronic Health Record (EHR)

ARRA 2009/Title XIII - HITECH Act*

Federal <u>Meaningful Use</u> criteria

- Incentive through reimbursement
- Incorporate concepts and data elements to qualify for meaningful use
- For example
 - Meaningful Use Stage 2 (proposed)
 - Screen for tobacco use in 80% of clinic population
 - Screen and brief intervention for alcohol use disorders
 - Screening question for illicit substance use in primary care

* American Recovery and Reinvestment Act - Health Information Technology for Economic and Clinical Health Act





Rationale to Include Substance Use Measures in "Meaningful Use"

- 1983-2004: 32-fold¹ in fatal medication errors at home related to alcohol and/or street drugs (Phillips DP et al. Arch Intern Med 208;168(14):1561-1566)
- □ 1991-2009: 3-fold † in opioid analgesic Rx's
- 2005-2009: 2-fold † in ER visits due to nonmedical use of Rx opioids
 - Rx opioid overdose now 2nd leading cause of unintentional death in U.S.

(CDC says: "national epidemic")

2009: 5.25 million people in U.S. reported non-medical use of Rx painkillers



SUD EHR Perspective of "Meaningful" Use

- Serve goals of a Prescription Drug Monitoring Program (PDMP)* – reduce opioid overdose, Rx error rate and drugdrug interactions
 - (T. McLellan, personal communication)
 - * 1. Dept. of Justice \$7 million to help with state PDMPs
 - 2. HHS grant program "National All Schedules Prescription Electronic Reporting Act – 2005 (NASPER) - \$2 million in 13 states
- Facilitate better treatment of cooccurring medical and psychiatric conditions by
 - improving medication adherence
 - identifying unsafe and/or unidentified drug-drug interactions
 - Identifying high-risk practices



Eight final specifications for Tobacco and Substance Use Measures for screening, treatment or brief intervention submitted by the Joint Commission to the National Quality Forum (July 2011)

* Renamed from Joint Commission on Accreditation of Healthcare Organizations or JCAHO



- **TOB-1** Tobacco use screening
- **TOB-2** Tobacco use treatment provided or offered
- **TOB-3** Tobacco use treatment provide or offered at discharge
- **TOB-4** Tobacco use: assessing status after discharge
- **SUB-1** Alcohol use screening
- SUB-2 Alcohol use brief intervention provided or offered
- SUB-3 Alcohol & other drug use disorder treatment provided or offered at discharge
- SUB-4 Alcohol & drug use: assessing status after discharge.



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- Given this background, how does NIDA CTN make progress in this area?
 - Develop common data elements for SUD
 - Develop a work plan for screening in primary care
 - Interface with a myriad of federal agencies and other stakeholders







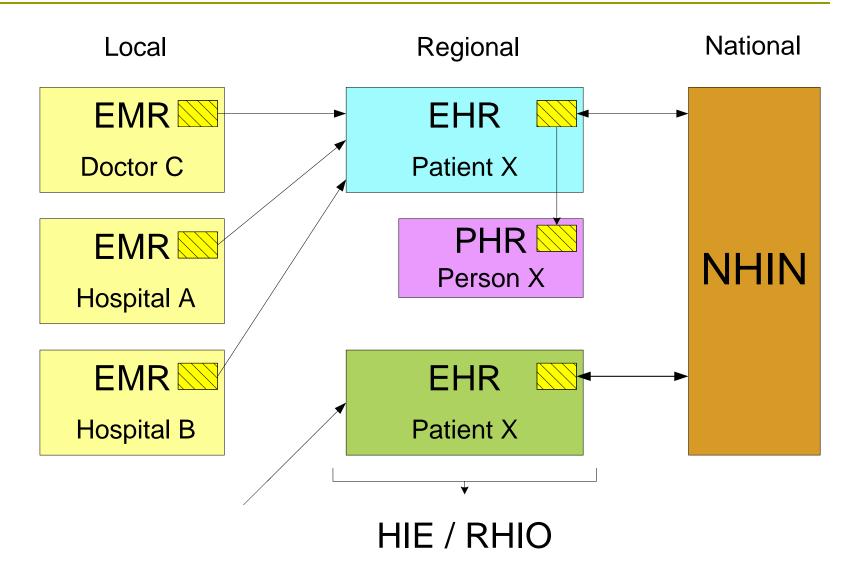
International Network on Brief Interventions for Alcohol Problems.

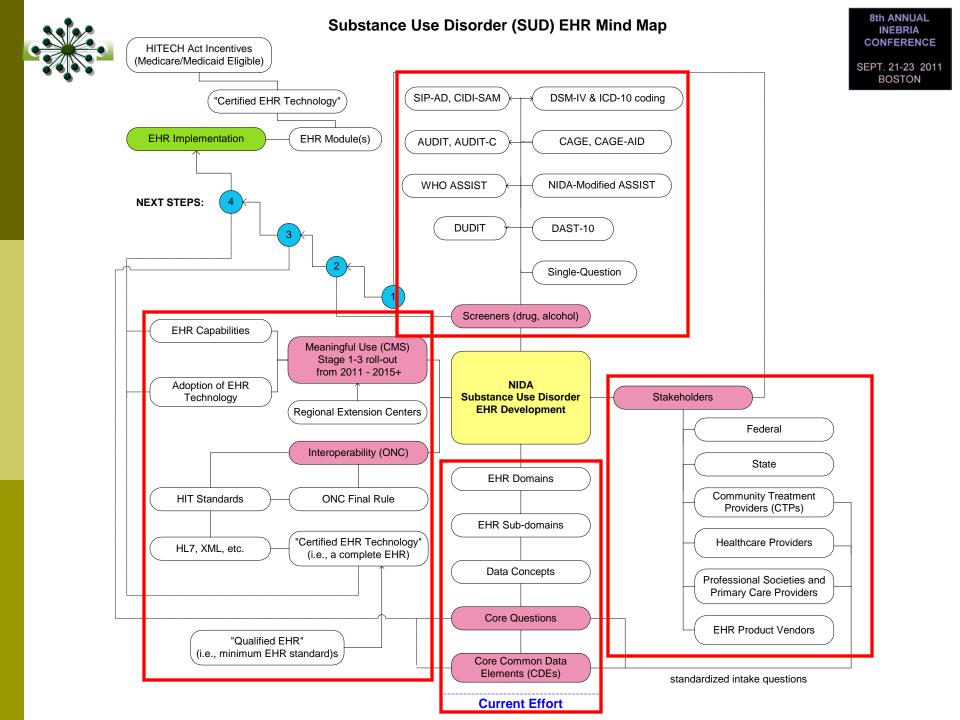
Robert Gore-Langton, PhD NIDA Clinical Trials Network Data and Statistics Center 2 The EMMES Corporation



EHR Role in a Nationwide Health Information Network









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EHR Development

NIDA's Proposed SUD EHR

Small Core Set of Questions for Primary Care Setting

Enlarged Core Set of Questions for SUD Treatment Setting



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Stakeholders Consulted

- **Federal Government**:
 - NIDA CTN (62 CTPs), ONC, CMS, HRSA, SAMHSA, FQHCs, CDC, AHRQ, IHS, NLM, ONDCP
- **State Government**:
 - NASADAD
- Professional Societies/Primary Care Providers:
 - AAAP, ASAM, SBM, CPDD, APA, Boston Medical Center ...
- SUD Treatment Providers
 - Kaiser Permanente, Phoenix House, Harvard Medical, Signal Behavioral Health, U.S. Department of Veterans Affairs (VA), Community Health Services (Alaska)



- NIDA-sponsored 'Electronic Medical Records Workshop', September 24, 2010
- NIH/OBSSR- and SBM-sponsored workshop 'Identifying Core Behavioral and Psychosocial Data Elements for the Electronic Health Record', May 2-3, 2011

Workshops/Symposia at annual meetings:

- American Academy of Addiction Psychiatry
- American Society of Addiction Medicine
- American Psychological Association

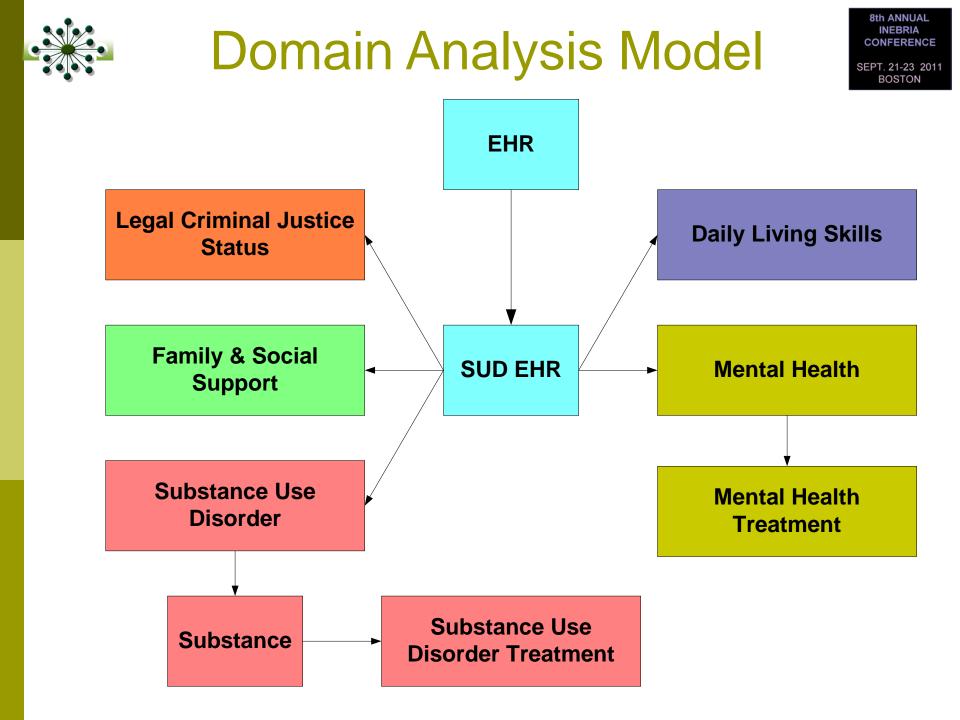


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Expert Key Recommendations

- Combine screening of tobacco, alcohol and substance use in primary care
- Use validated screening questions above all other considerations
- Develop longitudinal questions with a standardized timeframe
- Use standardized questions or instruments for additional assessments
- Incorporate clinical decisions and evidencebased brief interventions
- Consider ASAM dimensions and The Joint Commission (TJC) standards





Domains/Sub-domains Identified for SUD Treatment and for Primary Care*

Domain	Sub-Domain	*No. of Questions
Addiction History & Status	Substance Used	2
	Frequency & Route	2
	Addiction Severity	-
Addiction Treatment History & Status	Addiction Treatment Hx	2
	Recovery Goal or Vision	1
	Current Treatment Status	-
	Current Treatment Plan	2
Family and Social Support	Family, Marital and Interpersonal Relationships	2
	Housing/Homeless Status	2
	Social Support (Community, Cultural, Spiritual)	-
	Leisure & Recreation Status	-
Legal/Criminal Justice Status	Legal/Criminal Justice History	1
	Child Protective Services Status	-
Mental Health	Mental Psychiatric & Behavior Services Hx/Status	3





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Primary Care

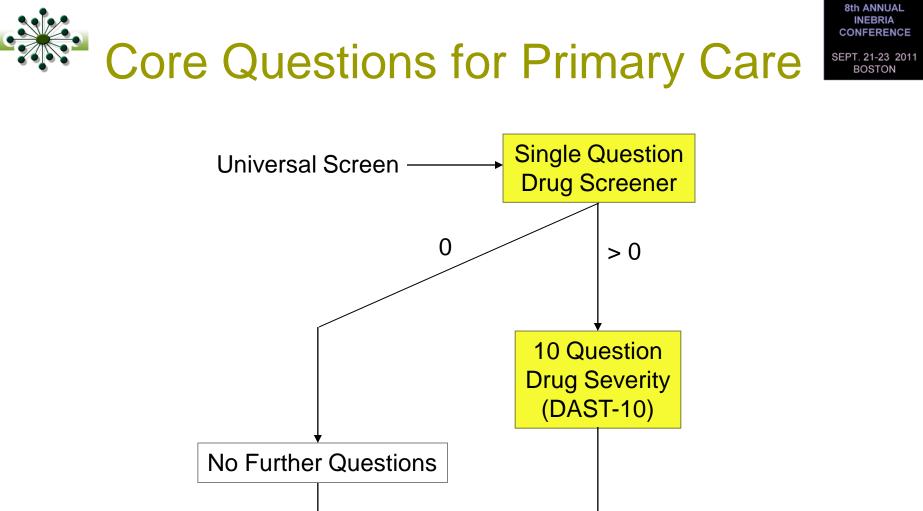
- Primary Care
 - How brief?
- Different Primary Care Settings:
 - Single physician office
 - Single physician office with ancillary staff
 - Multi-physician office single specialty
 - Multi-physician office multi-specialty
- Different Solutions:
 - Simple screen and refer
 - Simple screen, assessment and refer
 - Simple screen, assessment and treat and/or refer

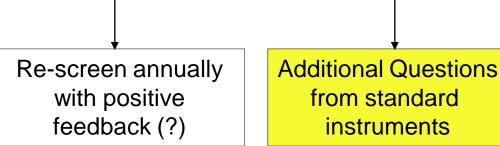




Feedback for Primary Care

- Need single question screener
- Brief assessment (3 questions better than 10)
- Actual question does not matter as much as making a decision and moving forward
- For EHR development questions and assessments be validated







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Validated Core Questions

- Single question drug screen
 - "How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?"

Reference: Smith PC, Schmidt SM, Allensworth-Davies D and Saitz R. A Single-Question Screening Test for Drug Use in Primary Care. *Arch Intern Med* 2010; 170(13):1155-1160

DAST-10

- 1. Have you used drugs other than those required for medical reasons?
- 2. Do you abuse more than one drug at a time?
- 3. Are you always able to stop using drugs when you want to?
- 4. Have you had "blackouts" or "flashbacks" as a result of drug use?
- 5. Do you every feel bad or guilty about your drug use?
- 6. Does your spouse (or parents) ever complain about your involvement with drugs?
- 7. Have you neglected your family because of your use of drugs?
- 8. Have you engaged in illegal activities in order to obtain drugs?
- 9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?
- 10. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.?



SUD Single-Question Screener Characteristics

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- For detection of current drug use disorder
 - 100% sensitive
 - 73.5% specific
- For detection of current drug use
 - 92.9% sensitive*
 - 94.1% specific
 - * Sensitivity was 84.7% when considering oral fluid test results for commonly abused drugs

Characteristics are similar to the DAST-10 Questionnaire.

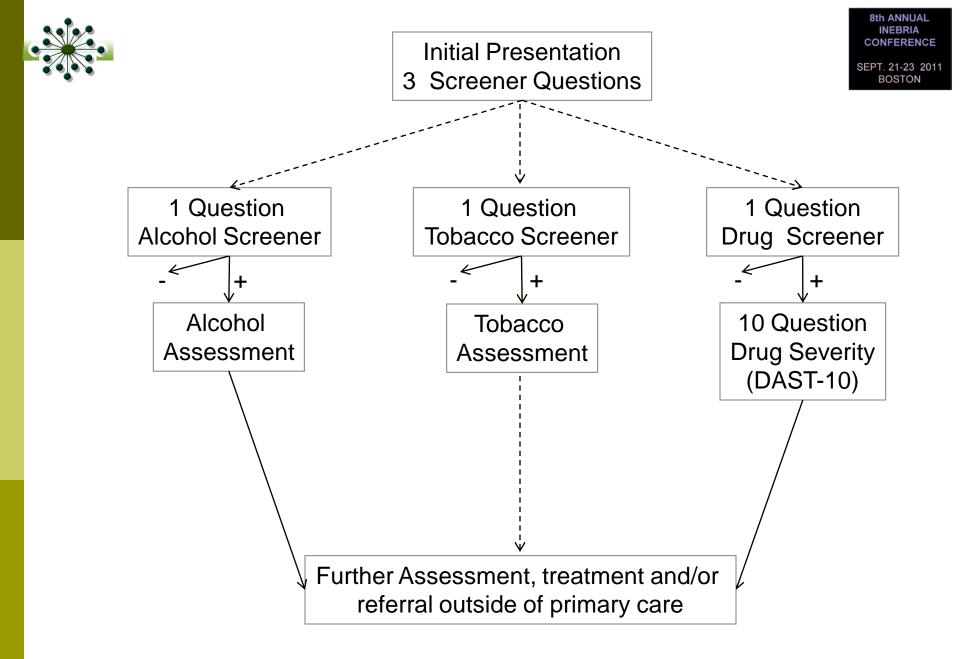




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Screening

- Recommendation to incorporate illicit drugs, alcohol and tobacco for primary care
 - Single screen for all three?
 - Three individual screens?







Principles Employed

- Consensus: input and agreement from stakeholders
- Validity: validated and/or standardized questions and instruments
- Brevity: single-question screeners and brief screener and assessment tools
- **Flexibility**:
 - More substance use identified, more questions asked
 - Questions asked by primary care capabilities
- Standards: implement as interoperable CDEs, per ONC vocabulary standards
- Choice: developers and vendors may choose any or all SUD core questions

Syntactic vs. Semantic Interoperability

- Syntactic or syntax = communicate and exchange data (specifications such as XML, HL7, CDISC)
- Semantic = meaningful interpretation of data

(data + metadata to provide unambiguous meaning: CDEs and standard vocabularies)



Pathways to Interoperability

- Domain Analysis Model and Common Data Elements (CDEs) – created in NCI caDSR
- eMeasure specification coding concepts in standard vocabularies: SNOMED-CT, LOINC, RxNorm, etc.
- ONC Certified EHR Technology
- Certification Commission for Health Information Technology (HITSP standards)
- NHIN specifications
- NQF Quality Data Model (QDM)





Moving Forward

- Obtain consensus on valid screening and assessment tools ✓
- Recommendations for CMS Meaningful Use
 - (ONC Quality Measures Workgroup & HIT Policy Committee)
- Define Clinical Quality Measures (CQMs)
- Develop associated clinical decision support protocols (SBIRT) – in progress
- Provide/develop scientific evidence to support widespread adoption
- eMeasure specification (NQF Quality Data Model)
- NQF endorsement (9 steps)
- SUD screening in Health Risk Assessment for use in CMS Annual Wellness Visit





Conclusions

- Based on wide stakeholder input at workshops, symposia and other meetings, a consensus was reached on a SUD core set of screening and assessment questions for use in primary care. Common Data Elements (CDEs) have been developed.
- Other activities for adoption of specific CDEs into Meaningful Use, eMeasure specification, and incorporation into an SBIRT for pilot testing are underway.

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